

# NEWSLETTER

JUL – SEP 2023



CREATE HOPE  
in the WORLD

Rotary  
Bangalore Abilities



## INSTALLATION

PRESIDENT CHANDANA TOOK OVER AS THE 7TH PRESIDENT OF RBA. SHE AND HER TEAM HAVE PLANS FOR MANY PROJECTS. THE INSTALLATION WAS ATTENDED BY MANY PEOPLE, INCLUDING RBA MEMBERS, FAMILY AND FRIENDS, AND MANY MEMBERS FROM OTHER CLUBS. A COUPLE OF PDGS ALSO WERE IN ATTENDANCE AT THIS HALL. FOUR NEW MEMBERS JOINED THE CLUB AS WELL.

## STATIONARY DISTRIBUTION

FIRST PROJECT ON 1ST JULY 2023  
ROTARY BANGALORE ABILITIES  
DISTRIBUTED STATIONARY (PENCILS,  
RUBBER, SCALE, COLOUR PENCILS AND  
WRITING PADS) TO BELLUTI SARKARI  
PRATHAMIKA SHALE A GOVERNMENT  
SCHOOL AT SHIDLAGATTA KARNATAKA.



## HELLEN KELLER DAY

Helen Keller Day celebrations were observed at Sahana on July 8th. The morning session had 2 paper presentations about braille and its revival. The session after lunch had a quiz competition, word game, and a talk by Nagaraj about the 4-way test and career guidance. The students enjoyed the afternoon session thoroughly.

## FELLOWSHIP

Fellowship at Priya's house happened on July 9th. The event was organized at a nearby park. Guests went around the picturesque park, relaxed in each other's company, and partook in a sumptuous lunch. There was cake cutting to celebrate Lakshmi and Pinky's birthday.

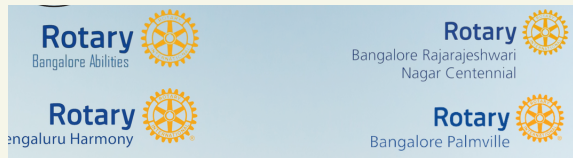


## KARGIL VIJAY DIWAS

ROTARY BANGALORE ABILITIES JOINED ROTARY BANGALORE HARMONY, ROTARY SPANDANA, ROTARY GRATER JAYANAGAR, ROTARY PRIME, ROTARY SOUTH WEST, ROTARY BANGALORE SAMRUDDHI, AND ROTARY SOTIAL FOR COMMEMORATING THE KARGIL VIJAY DIWAS ON 25TH JULY 2023. IT WAS A PANNEL DISCUSSION ON "INSPIRING PATRIOTISM AND FOSTERING NATIONAL UNITY AMONG CIVILIANS". WE HAD 3 AMAZING SPEAKERS: COL. NARASIMHA, COL. A JAIRAM AND SQN. LDR. GIRISH UDUPI. IT WAS AN EYE-OPENING SESSION WHERE ALL THE SPEAKERS SHARED THEIR EXPERIENCES OF THE KARGIL WAR. THEIR LIFE JOURNEY WAS INSPIRING TO ALL OF US. WE ALL OWE AN IMMENSE GRATITUDE AND GREAT SALUTE TO THESE HEROS. THEIR BRAVERY AND LEGACY WILL INSPIRE THE YOUTH TO FORGE A STRONGER INDIA. THE SACRIFICES OF OUR SOLDIERS WILL NEVER GO IN VAIN.



Rotary Club of Vijayanagar Bangalore, Rotary Club of Bangalore Abilities and Rotary innerwheel Club of Vijayanagar Bangalore had organised a Career Guidance Session to Government First Grade College Vijayanagar students of Chethana Unit on 22nd July. Chethana unit comprises of students with Disability. There are around more than 35 students. Members of Rotary Bangalore Abilities were the Guest Speakers for the Event. Rtn Priya Gave a amazing Motivational Talk to the Students, Rtn. Kameshwari Rao Spoke about her life Journey and Opportunities in the Corporate Sector and Rtn. Nagaraj H Spoke About the Opportunities in the Government Sector and 4 way Test. The students were very inspired and had a lot of questions answered. Over all the event was very well organised by Rotary club Vijayanagar.



## TALK on "Carbon-Free Energy Initiatives for Sustainable Growth."



### SPEAKER

Rtn. Ramesh Shivanna, a Green Activist, specializing in Solar Energy



Date: August 4, 2023  
 Time: 8 PM  
 Join Zoom Meeting  
[https://us02web.zoom.us/j/87012177682?](https://us02web.zoom.us/j/87012177682?pwd=NVDmM3BjWXBjZFBVMiRlbnVoa2OVR2dz09)  
 pwd=NVDmM3BjWXBjZFBVMiRlbnVoa2OVR2dz09  
 Meeting ID: 870 1217 7682  
 Passcode: 591727



This highly successful talk was jointly hosted by Rotary Bangalore Abilities, Rotary Palmville, Rotary Harmony, and Rotary RR Centennial. In this talk, Rtn. Ramesh Shivanna breaks down ways we can be carbon neutral. We were given ideas as to how as individuals, we can impact the climate positively by reducing our carbon footprint.



Rotary Bangalore Abilities organised a Yoga session for its members as part of its Club services at Rotary House of Friendship, Bangalore. on 6th aug 2023. Six of our members were present in person along with 3 online participants. HariPriya Girish an experienced Yoga instructor provided a detailed explanation of most effective preparatory warm up exercises with benefits to tone muscles along with demonstrating and performing the prep exercises with the club members. A seed for future holistic yoga regime has been sowed and hope to continue this journey across Rotary Club members.



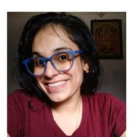
## INTERNATIONAL YOUTH DAY 2023 "EMPOWERING TOMORROW"



Kavya Mukhija  
 Disability Rights Advocate



Adv. Abhishek Kumar  
 Curator - The Sangyan



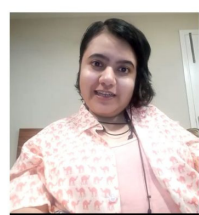
Anjali Vyas  
 Self Advocate on Disability Rights



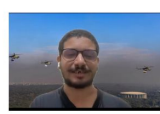
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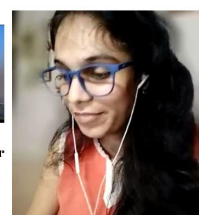
## GLIMPSES OF THE INTERNATIONAL YOUTH DAY 2023 - TALK



Kavya Mukhija



Advocate Abhishek Kumar



Anjali Vyas



Rtn. Arun Mohan Secretary  
 Rotary Abilities



Rtn. Chandana C President  
 Rotary Abilities



Rtn. Nagaraj H Past president  
 and Vocational Service  
 Director Rotary Abilities

RBA held a Talk by youth, for the youth on the occasion of International Youth day 2023. Our speakers were Kavya Mukhija, Disability Rights Advocate; Advocate Abhishek Kumar, Curator - The Sangyan & Anjali Vyas, Self-Advocate on Disability Rights. The talk was highly appreciated. The event took place on Zoom on 13th Aug 2023.

# INDEPENDENCE DAY CELEBRATION



Members of the RBA visited Handanakere on August 15th, 2023. The day began with a visit to the Durga temple, the guardian of the village. We also saluted the national flag and sang the National Anthem.

We next visited the fields to plant the 76 arecanut and coconut saplings that we had carried with us. It was energizing to be part of NATURE, helping rejuvenate the landscape and provide future income to the farmers. A few photos at scenic spots enabled us to treasure this momentous day.

We took this opportunity to honor the elders of the family for their unwavering commitment. The event culminated with a sumptuous lunch and savoring the fresh tender coconut water. Soon, it was time to head home. THE TEAM COMPRISED OF –

RTN. Chandana: President

RTN.Aravind: Community Service Director

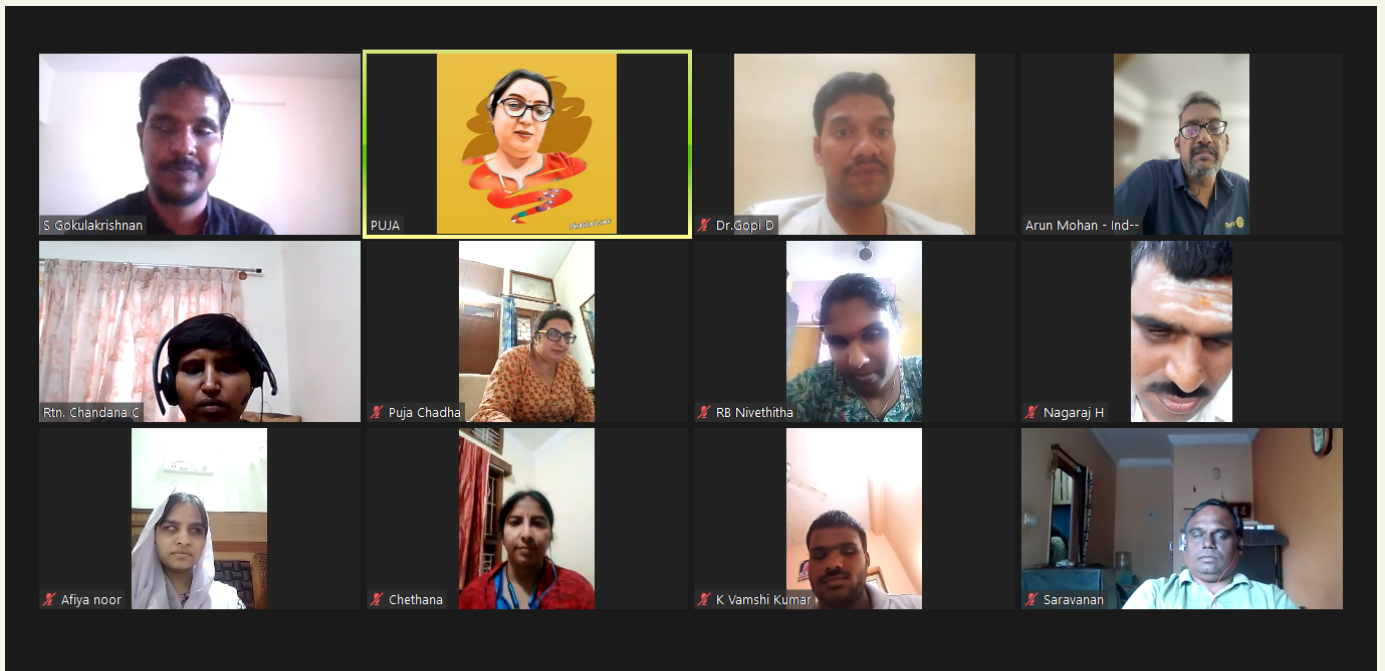
RTN.Priya: Women Empowerment Chair

RTN.Justin: Club Service Director

RTN.Nagaraj: Vocational Service Director

RTN.Yashodha: Member

Rotary Bangalore Abilities was part of State Taekwondo event which was on 19th and 20th August. RBA Sponsored 1000 Saplings for the participants of the competition. On 19th it was for Girls and on 20th it was for boys. Different School children participated in the event and it was wonderful to be a part of this sport.



CLAP PROGRAM WAS INAUGURATED ON SEPTEMBER 3, 2023. AIMED AT THE COLLEGE-GOING STUDENTS AND FRESHERS, THIS PROGRAM CREATES AWARENESS ON TOPICS CONCERNING LEADERSHIP, COMMUNICATION, ABILITIES, AND PERSONAL GROWTH. ABOUT 35 STUDENTS HAVE ENROLLED IN THIS YEAR'S PROGRAM. CAREER IS THE MAIN THEME OF THIS EDITION. THE LEARNING SESSIONS WILL GO ON TILL END OF OCTOBER.



Rotarians Kiran Kumar and Kameshwari Rao attended the 'Train the Trainer' program jointly conducted by Rotary district 3191 and India Literacy project (ILP) on the 10th of September 2023. Margam is a full-fledged career guidance and counselling program for high school students from government schools. District Governor, Rotarian Uday Kumar Bhaskara graced the occasion with his presence. Certificates were presented after the training. The methodical approach to finding the best career fit for high school students will ensure all the students' interests, talents and ambitions are given a shape and roadmap designed for career progression.



RTN.Kameshwari Rao

## PROUD TO PRESENT

CERTIFIED CAREER  
GUIDANCE EXPERTS



RTN.Kiran Kumar



Rotary  
Bangalore Abilites



**ON THE OCCASION OF TEACHERS' DAY 2023.**  
**RBA FELICITATED 5 UNSUNG HERO'S WITH**  
**THE BEST TEACHER'S AWARD**



Mr. Maruthy Moger



Mr. Krishna Narayan Naik



Mrs. Laxmi Mohan



Mr. Shanmukhaiah Matapati



Ruby Alphonse

# FELICITATION OF TEACHER'S

## TEACHER'S DAY 2023



SHANMUKHIAH MATHAPATI IS FROM BASAVAKALYAN AND HAS BEEN TEACHING IN THE RAMNAGAR SCHOOL FOR THE BLIND SINCE AUGUST 1992. HE STILL HAS 2 YEARS OF SERVICE REMAINING. HE HAS COMPLETED B. ED., LLB, STENOGRAPHY COURSE, SENIOR IN HINDUSTANI AND JUNIOR IN CARNATIC MUSIC. CURRENTLY, HE TEACHES HINDI SUBJECT FOR STUDENTS UNTIL 9TH STANDARD AT THE SCHOOL.

MRS. LAXMI MOHAN HAS BEEN A DEDICATED TEACHER WITH 35 YEARS OF TEACHING EXPERIENCE TO HER CREDIT. SHE STARTED HER TEACHING CAREER AS A KINDERGARTEN TEACHER IN AN INTERNATIONAL SCHOOL IN DELHI, AND LATER JOINED A PRESTIGIOUS SCHOOL IN CHENNAI WHERE SHE WORKED AND RETIRED AFTER 20+ YEARS. ACCORDING TO MRS. LAXMI, HER POST GRADUATE DEGREE IN PSYCHOLOGY AND COUNSELLING AND HER TRAINING FROM MADRAS DYSLEXIC CENTRE HAVE BEEN A GREAT VALUE ADD TO HER CAREER, AS THIS ENABLED HER TO TEACH CHILDREN WITH LEARNING DISABILITIES.



RUBY ALPHONSE TEACHES PIANO AT THE BANGALORE SCHOOL OF MUSIC. HER SIGHTED STUDENTS CONSISTENTLY EARN EXCELLENT GRADES IN THEIR CERTIFICATE EXAMS. SHE LIVES INDEPENDENTLY AND IS A ROLE MODEL TO ALL WOMEN. SHE LOVES GARDENING, MUSIC, AND SPIRITUALITY.

MARUTHY MOGER IS FROM KARVAR TALUK. HE BEGAN HIS CAREER AS A TELEPHONE OPERATOR AT SRMAB. SINCE 1996, AFTER UPGRADING HIS SKILLS WITH A DIPLOMA IN SPECIAL EDUCATION, MARUTHY HAS BEEN TEACHING KANNADA AND BRAILLE FOR PRIMARY STUDENTS UP TO STANDARD 5. HE IS GLAD THAT HE IS ABLE TO MAKE A DIFFERENCE IN THE LIVES OF THE CHILDREN.



KRISHNA NARAYAN NAIK HE JOINED NAB AS A RESOURCE TEACHER FOR THE BLIND IN 2000. SINCE 2007, HE HAS BEEN TEACHING MATHS AT SIRSI. HE HAS ALSO BEEN A MENTOR TO MANY STUDENTS IN SUPPORT OF THEIR SCIENCE PROJECTS.



TEAM RBA AT ICGF  
YOUTH SERVICES ON 17TH SEP 2023





# TEAM 2023 - 24

Rotary  
Bangalore Abilities



**PRESIDENT**  
**RTN.CHANDANA C**



**SECRETARY**  
**RTN.ARUN MOHAN**



**IMMEDIATE PAST PRESIDENT**  
**RTN.KRANTHIP**



**TREASURER**  
**RTN.PINKY GUPTA. S**



**DIRECTOR-COMMUNITY SERVICE**  
**RTN.ARVINDA.A**



**DIRECTOR-VOCATIONAL  
SERVICE**  
**RTN.NAGARAJ.H**



**DIRECTOR-YOUTH SERVICES**  
**RTN.KAMESHWARI RAO**



**DIRECTOR-INTERNATIONAL  
SERVICES**  
**RTN.KIRAN KUMAR**



**DIRECTOR-CLUB SERVICES**  
**RTN.JUSTIN PHILIPS**

# THE ROAD AHEAD

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INSTAGRAM -

<https://www.instagram.com/rotarybangaloreabilities/>